



Name: \_\_\_\_\_  
Agency: \_\_\_\_\_

### **5 A Day the Florida Way! Kit Evaluation**

Please mark the usefulness of the kit materials with 1 being not useful at all and 10 being extremely useful.

**The Health Benefits of Fruits and Vegetables: A Scientific Overview for Health Professionals.**

1 2 3 4 5 6 7 8 9 10

**It's Fun to Eat Vegetables and Fruits lesson plan for preschoolers**

1 2 3 4 5 6 7 8 9 10

**A is for Apple lesson plan for preschoolers**

1 2 3 4 5 6 7 8 9 10

**5 A Day the Color Way lesson plan for adults**

1 2 3 4 5 6 7 8 9 10

**5 A Day Activities**

1 2 3 4 5 6 7 8 9 10

**Coloring Sheets**

1 2 3 4 5 6 7 8 9 10

**Recipe Booklet**

1 2 3 4 5 6 7 8 9 10

**5 A Day Olympics**

1 2 3 4 5 6 7 8 9 10

**Book List**

1 2 3 4 5 6 7 8 9 10

**Web Sites**

1 2 3 4 5 6 7 8 9 10

**Handout English/Spanish**

1 2 3 4 5 6 7 8 9 10

Please send your evaluation to:

*Gladys Borges, M.S.*

*5 A Day Nutrition Program Coordinator*

*4052 Bald Cypress Way, Bin A-18*

*Tallahassee, FL 32399-1744 or [gladys\\_borges@doh.state.fl.us](mailto:gladys_borges@doh.state.fl.us).*